



*Patient Education Solutions*

**ExitCare Title List – Ambulatory Care  
Q1, 2010 Release – 2,943 Titles**

A-V Access (Arterio-Venous Access) Dialysis	Acoustic Neuroma, Care After Surgery
A-V Access (Arterio-Venous Access), Care After Surgery	Acromegaly
A-V Fistula, Care After Procedure	Acromioclavicular Injuries
AA Blank DI	Actinic Keratosis
ABC's Of Pregnancy	Acupuncture
Abdominal Aortic Aneurysm	Acute Brain Injury, Guide for Family
Abdominal Aortic Aneurysm-Brief	Acute Bronchitis, Easy-to-Read
Abdominal Migraine	Acute Bronchitis-Brief
Abdominal Pain	Acute Coronary Syndrome
Abdominal Pain (Non-Specific)	Acute Disseminated Encephalomyelitis
Abdominal Pain In Pregnancy	Acute Urinary Retention, Acute, Female, Easy-to-Read
Abdominal Pain, Child	Adamsite (Diphenylaminechloroarsine)
Abdominal Pain, Easy-to-Read	Adamsite Exposure (Diphenylaminechloroarsine or DM)
Abdominal Pain, Possible Early Appendicitis	Addiction and the Family
Abdominal Pain, Women	Addison's Disease, Adrenal Insufficiency
Abdominal Surgery, Problems After	Adenoidectomy, Care After Surgery, Child
Abdominoplasty, Care After Surgery	Adenoidectomy, Information Before and After
Abnormal Vaginal Bleeding-Brief	Adenoidectomy, Information Before and After Surgery, Pediatric
Abortion, Prostaglandin Induced	Adenoidectomy, Information, Care after Surgery
Abrasions	Adenoids, General Information
Abrasions, Easy-to-Read	Adenosine Stress Test
Abrin, Bioterrorism	Adenovirus
Abscess (Boil, Furuncle)	Adhesions
Abscess of the Vulva, Easy-to-Read	Adhesions, Easy-to-Read
Abscess, Perineal	Adjustment Disorder
Abscess-Boil, Care After Surgery	Adrenal Insufficiency (AI), Caring for
Abscess/Boil (Furuncle), Easy-to-Read	Adrenoleukodystrophy
Abscessed Tooth	Adult Brain Tumor, General Information
Abscessed Tooth, Easy-to-Read	Adult Hodgkin Lymphoma
Absorbable Suture Repair-Brief	Adult Immunization Schedule, CDC
Abuse and Neglect, Signs and Symptoms	Advance Directives (My Voice, My Choice)
Acanthosis Nigricans	Agenesis Of The Corpus Callosum
Ace Wrap (Elastic Bandage)	Aggression
Ace Wraps and RICE	Agnosia
Acetaminophen Ingestion-Brief	Aicardi Syndrome
Acetaminophen Toxicity Nomogram	AIDS
Acetic Acid Otic Solution Use, Ear	AIDS Treatment, HAART
Achalasia	Air Contrast Barium Enema & Preparation
Achilles Tendinitis	Airborne or Droplet Precautions, Easy-to-Read
Achilles Tendon Repair, Care After Surgery	Alcohol and Drug Abuse
Achilles Tendon Rupture (Complete)	Alcohol and Drug Addiction, Finding Treatment
Achilles Tendon Rupture (Complete), Care After Surgery	Alcohol and Headaches
Achilles Tendon Rupture (Partial, Incomplete)	Alcohol and Nutrition
Acid Reflux (GERD), Easy-to-Read	Alcohol Intoxication, Acute
Acne	Alcohol Intoxication, Easy-to-Read
Acne, Brief	Alcohol Intoxication-Brief
Acoustic Neuroma	

Alcohol Problems  
 Alcohol Screening in Pregnancy  
 Alcohol Septal Ablation  
 Alcohol Withdrawal  
 Alcohol Withdrawal, Delirium Tremens  
 Alcohol Withdrawal, Easy-to-Read  
 Alcohol, FAQ & Answers  
 Alcoholic Gastritis-Brief  
 Alcoholic Hepatitis-Brief  
 Alexander Disease  
 Algae Blooms  
 ALL (Acute Lymphoblastic Leukemia)  
 Allergic Conjunctivitis  
 Allergic Contact Dermatitis-Brief  
 Allergic Reaction, Localized, Insect  
 Allergic Reaction, Mild to Moderate  
 Allergies, Generic  
 Allergy Shots, FAQ's, Easy-to-Read  
 Allergy Testing for Children  
 Alopecia Areata, Autoimmune Hair Loss  
 Alpers' Disease  
 Alpha-1 Antitrypsin Deficiency  
 ALTE  
 Alternating Hemiplegia  
 Alzheimer's Disease (AD), Diagnosis  
 Alzheimer's Disease (AD), Inheritance Facts, A  
 Resource Guide  
 Alzheimer's Disease, Brief  
 Alzheimer's Disease, Caregiver Guide, NIH  
 Amaurosis Fugax  
 Amblyopia, Lazy Eye  
 Amebiasis  
 Amenorrhea  
 AML (Acute Myelocytic Leukemia)  
 Ammonia, FAQ's  
 Amnesic Shellfish Poisoning  
 Amphetamine Abuse  
 Amphetamine Abuse-Brief  
 Amputation  
 Anal Fissure  
 Anal Fissures In Children-Brief  
 Anal Fistula  
 Anal Itching  
 Anal Pruritis-Brief  
 Analgesic Nephropathy  
 Anaphylactic Reaction  
 Anaphylactic Reaction, Easy-to-Read  
 Anemia & Heart Disease  
 Anemia & HIV-AIDS  
 Anemia & Inflammatory Bowel Disease  
 Anemia & Kidney Disease  
 Anemia & Surgery  
 Anemia & Vitamin Deficiency  
 Anemia (Iron Deficiency)  
 Anemia - Iron Deficiency-Brief  
 Anemia - Nonspecific-Brief

Anemia and Aging  
 Anemia and Cancer  
 Anemia of Prematurity  
 Anemia of the Newborn  
 Anemia, FAQ's  
 Anemia, Folic Acid Deficiency  
 Anemia, Hemolytic  
 Angelman Syndrome  
 Anger Management  
 Angina  
 Angina, Easy-to-Read  
 Angioedema  
 Angiogram, Angioplasty, Stent Placement,  
 Instructions  
 Angiography  
 Angiography, Care After Procedure  
 Angioma-Cherry (Cherry Angioma)  
 Angioplasty  
 Angioplasty, Care After Procedure  
 Angiostrongylus Cantonensis Infection  
 Ankle Brachial Index Test (ABI)  
 Ankle Dislocation  
 Ankle Exercises (for Rehabilitation)  
 Ankle Fracture  
 Ankle Fracture-Brief  
 Ankle Sprain  
 Ankle Sprain, Easy-to-Read  
 Ankle, Arthroscopy  
 Ankyloglossia  
 Anophthalmia and Microphthalmia  
 Anorexia  
 Anterior & Posterior Repair, Colporrhaphy  
 Anterior & Posterior Repair, Colporrhaphy, Care  
 After Surgery  
 Anterior Cruciate Arthroscopy Surgery, Care After  
 Surgery  
 Anterior Cruciate Ligament (ACL) Repair, Care after  
 Surgery  
 Anterior Cruciate Ligament, Repair  
 Anthrax, Q & A's, Risks  
 Antibiotic Non-Use  
 Antibiotic Resistance  
 Antibiotic Treatment And Drug Resistance-Brief  
 Antibiotic-Associated Diarrhea-Brief  
 Antibiotics, How we Use Them  
 Antibiotics, How we Use Them, Easy-to-Read  
 Anticoagulation, Generic  
 Anxiety and Panic Attacks  
 Aortic Aneurysm, Care After Surgery  
 Aortic Insufficiency  
 Aortic Stenosis  
 Aortic Valve Replacement  
 Aortic Valve Replacement, Care After Surgery  
 Aphasia  
 Aplastic Anemia  
 Apnea of Prematurity

Appendectomy, Adult, Care Before and After Surgery  
 Appendectomy, Care Before and After Surgery  
 Appendectomy, Child, Care After Surgery  
 Appendectomy, Child, Care Before and After Surgery  
 Appendectomy, Laparoscopic  
 Appendectomy, Laparoscopic, Care After Surgery  
 Appendicitis  
 Apraxia  
 Arachnoid Cysts  
 Arachnoiditis  
 ARDS, Suggestions for Family & Friends  
 Arixtra Injections  
 Arm Sling Use, Brief  
 Arm Sling Use, Easy-to-Read  
 Arrhythmia Categories  
 Arsenic, FAQ's  
 Arterial Hypertension, High Blood Pressure & Dangers  
 Arteriogram, Home Care Instructions, Easy-to-Read  
 Arteriovenous Malformation  
 Arthralgia (Pain in a Joint)  
 Arthritis - Degenerative, Brief  
 Arthritis - Gout, Brief  
 Arthritis - Nonspecific  
 Arthritis - Pseudogout, Brief  
 Arthritis - Rheumatoid, Brief  
 Arthritis, Rheumatoid  
 Ascaris Infection, FAQ's  
 Ascites  
 Aspartame  
 Asperger Syndrome  
 Aspirin and Your Heart  
 Assault, General  
 Asthma Prevention-Brief  
 Asthma, Acute Bronchospasm  
 Asthma, Adult  
 Asthma, Adult, Easy-to-Read  
 Asthma, Adult, Extended Version  
 Asthma, Childhood  
 Asthma, Childhood with Action Plan  
 Asthma, Childhood, Easy-to-Read  
 Asthma, F.L.A.R.E.  
 Asthma, F.L.A.R.E., Easy-to-Read  
 Asthma, FAQ's, Easy-to-Read  
 Asthma, Pediatric Action Plan  
 Astigmatism  
 Asymptomatic Bacteriuria, Female  
 Ataxia Telangiectasia  
 Ataxia-Brief  
 Atelectasis  
 Atherosclerosis  
 Athlete's Foot  
 Athlete's Foot, Easy-to-Read  
 Athletic Injuries  
 Atrial Fibrillation  
 Atrial Fibrillation, Easy-to-Read  
 Atrial Septal Defect  
 Atrial Septal Defect, Brief Version  
 Attention Deficit-Hyperactivity Disorder  
 Auricle Injuries  
 Autism  
 Autoimmune Hepatitis  
 Avascular Necrosis  
 Avian Influenza, Information for Travelers, CDC  
 B.R.A.T. Diet, Adults  
 B.R.A.T. Diet, Brief  
 B.R.A.T. Diet, Children  
 B.R.A.T. Diet, Children, Easy-to-Read  
 Babesiosis  
 Baby, Safe Sleeping for  
 Baby, Safe Sleeping, Easy-to-Read  
 Bacillus Cereus, Food Poisoning  
 Back Exercises  
 Back Injury Prevention  
 Back Injury Prevention, Easy-to-Read  
 Back Pain  
 Back Pain & Injury  
 Back Pain - Chronic  
 Back Pain in Children  
 Back Pain in Pregnancy  
 Back Pain, Easy-to-Read  
 Back Surgery, Information Prior to Back, Compression Fracture  
 Back, Fusion-Procedure  
 Back, Fusion-Procedure, Care After Surgery  
 Bacteria and Food-borne Illness  
 Bacterial Vaginosis (BV)  
 Bacterial Vaginosis, Easy-to-Read  
 Bacterial Vaginosis-Brief  
 Baker's Cyst  
 Balanitis  
 Balanitis and Foreskin Hygiene  
 Balanitis, Infant  
 Bariatric Diet  
 Bariatric Surgery, Care After Surgery  
 Bariatric Surgery, Gastrointestinal Surgery for Severe Obesity  
 Bariatric Surgery, Gastrointestinal Surgery for Severe Obesity, Care After Surgery  
 Barium Swallow  
 Barotitis-Brief  
 Barrett's Esophagus  
 Barth Syndrome  
 Bartholin's Cyst and Abscess-Brief  
 Bartholin's Cyst or Abscess  
 Basal Cell Carcinoma  
 Basilar Migraine, Bickerstaff's Syndrome, NHF  
 Batten Disease  
 Baylisascaris Infection  
 Bed Rest After Childbirth

Bee, Wasp, or Hornet Sting  
 Before Baby Comes Home, Easy-to-Read  
 Behcet's Disease  
 Bell's Palsy  
 Bell's Palsy, Brief  
 Benign Essential Blepharospasm  
 Benign Intracranial Hypertension, Pseudotumor Cerebri  
 Benign Positional Vertigo (BPV)  
 Benign Prostatic Hyperplasia  
 Benign Prostatic Hypertrophy (Enlarged Prostate)  
 Bicycle Laws and Safety Guidelines  
 Bicycling Advice to Seniors  
 Bicycling, Adult Cyclists  
 Bicycling, Ages 1-5  
 Bicycling, Ages 13-17  
 Bicycling, Ages 5-8  
 Bicycling, Ages 9-12  
 Bicycling, Rules for Helmets  
 Biliary Colic  
 Bimalleolar Fracture, Ankle, Adult, Displaced (ORIF), Care After Surgery  
 Bimalleolar Fracture, Ankle, Adult, Displaced, ORIF  
 Bimalleolar Fracture, Ankle, Adult, Undisplaced  
 Binswanger's Disease  
 Biological Therapies for Cancer  
 Biological Weapons  
 Biopsy Information  
 Biopsy Procedure  
 Biopsy Procedure, Care After  
 Biopsy, Discharge Instructions for  
 Biopsy, Getting Ready For Your, Easy-to-Read  
 Biosafety Level Classification  
 Bioterrorism Agents  
 Biotinidase Deficiency  
 Bird Flu, Avian Influenza Viruses  
 Birds and Diseases  
 Birth - Baby Care  
 Birth - Caring for Common Problems of Infant  
 Birth - Circumcision Decision  
 Birth - Mom, Home Care Instructions  
 Birth - Vaginal Delivery, Care Following  
 Birth . . . If You Have a Cesarean Delivery, Care After Surgery  
 Birth Control - Barrier Methods  
 Birth Control Choices  
 Birth Defects, Prevention  
 Birthmarks  
 Bite - Animal  
 Bite - Black Widow  
 Bite - Brown Recluse  
 Bite - Cat  
 Bite - Centipede Bite, Millipede Reactions  
 Bite - Dog  
 Bite - Dog, Easy-to-Read  
 Bite - Human  
 Bite - Insect  
 Bite - Marine Life  
 Bite - Non Human Primate (Monkey)  
 Bite - Snake  
 Bites - Avoiding Insect  
 Bladder Cancer  
 Blastocystis Hominis Infection  
 Blepharitis-Brief  
 Blepharoplasty (Cosmetic Eyelid Surgery)  
 Blepharoplasty (Cosmetic Eyelid Surgery), Care After Surgery  
 Blepharospasm  
 Blisters  
 Bloating  
 Blood Products Information  
 Blood Sugar Monitoring, Child  
 Blood Sugar, Blood Glucose  
 Blood Tests  
 Blood Tests for Diabetes  
 Blood Transfusion Information  
 Blood Typing  
 Bloody Diarrhea  
 Bloody Stools, Melena, Hematochezia, Rectal Bleeding  
 Blunt Abdominal Trauma  
 Blunt Chest Trauma  
 Blunt Trauma  
 Blurred Vision  
 BMI for Children and Teens  
 Body Fluid Exposure  
 Body Lice (Pediculosis), FAQ's  
 Body Mass Index, BMI Nomogram  
 Bone & Joint Infections  
 Bone & Joint Infections, Child  
 Bone Biopsy, Needle  
 Bone Biopsy, Needle, Care After Surgery  
 Bone Biopsy, Open  
 Bone Biopsy, Open, Care After Surgery  
 Bone Bruise, Osteochondral Lesions, Occult Trabecular Microfracture  
 Bone Grafting  
 Bone Health  
 Bone Marrow Transplantation & Peripheral Blood Stem Cell Transplantation, Q & A  
 Bone Metastases, Metastatic Cancer  
 Bone Scan  
 Bone Scan, Easy-to-Read  
 Botox Injections for Cosmesis  
 Botulism  
 Botulism, Facts  
 Bowel Movement Sample Cards, Easy-to-Read  
 Bowel Prep  
 Brachial Plexus Birth Injuries  
 Brachytherapy  
 Bradycardia  
 Bradycardia-Brief

Brain and Spinal Cord Tumors  
 Brain Injuries  
 Brain Injuries and Mass Trauma Events  
 Brain Tumors, General Information  
 Brain Tumors, Metastatic  
 Breast Biopsy Procedure  
 Breast Biopsy Procedure, Care After Surgery  
 Breast Biopsy, X-ray Guided (Stereotactic)  
 Breast Biopsy, X-ray Guided (Stereotactic), Care After Surgery  
 Breast Cancer, Early Stage, Surgery Choices  
 Breast Cancer, Early Stage, Surgery Choices (without Breast Cancer Surgery Choices Chart)  
 Breast Cancer, General Information  
 Breast Cancer, Male  
 Breast Cancer, What You Should Know  
 Breast Cyst  
 Breast Cyst Drainage  
 Breast Discharge  
 Breast Problems and Self Exam  
 Breast Reconstruction (with Implant or Tissue Expander Insertion), Care After Surgery  
 Breast Reduction  
 Breast Reduction, Care After Surgery  
 Breast Self Exam, Easy-to-Read  
 Breast Self-Examination-Brief  
 Breast Tenderness  
 Breastfeeding  
 Breastfeeding & Inducing Lactation for Mothers Who Adopt  
 Breastfeeding After Breast Surgery  
 Breastfeeding Challenges  
 Breastfeeding During Pregnancy  
 Breastfeeding, Babies with Reflux  
 Breastfeeding, Cleft Lip, Cleft Palate  
 Breastfeeding, Engorgement Problems  
 Breastfeeding, Inverted Nipples  
 Breastfeeding, Mastitis  
 Breastfeeding, Nursing Strike  
 Breastfeeding, Twins or Multiples  
 Breastfeeding, When to Stop  
 Breath Holding Spells  
 Bromine (Biochemical Terrorism)  
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 Bronchiolitis  
 Bronchiolitis Obliterans  
 Bronchiolitis-Brief  
 Bronchitis  
 Bronchitis, Easy-to-Read  
 Bronchopulmonary Dysplasia (BPD)  
 Bronchoscopy  
 Bronchoscopy, Care After Procedure  
 Bronchospasm Childhood  
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 Bruise (Contusion, Hematoma)

Bruise, Easy-to-Read  
 Bruised Ribs  
 BSO, Bilateral Salpingo-Oophorectomy  
 BSO, Bilateral Salpingo-Oophorectomy, Care After Surgery  
 Buddy Taping  
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 Bug Bites  
 Bulimia  
 Bullous Myringitis  
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 Bunion  
 Bunion Care  
 Bunion Care, Care After Surgery  
 Bunionectomy  
 Burch Procedure for Stress Incontinence  
 Burch Procedure for Stress Incontinence, Care After Surgery  
 Burn Care Instructions  
 Burn Care, Easy-to-Read  
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 Burners or Stingers, Brachial Plexus Stretch Injury  
 Burns & Mass Casualties  
 Bursitis  
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 CA (Community Associated) MRSA  
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 CABG (Coronary Artery Bypass Grafting)  
 CABG (Coronary Artery Bypass Grafting), Care After Surgery  
 Calcaneal Fracture  
 Calcific Tendonitis  
 Calcium Intake Recommendations Chart  
 Calcium Screening Score of the Heart  
 Campylobacter Infections  
 Canavan Disease  
 Cancer of the Colon, Treatment by Resection  
 Cancer of the Colon, Treatment by Resection, Care After Surgery  
 Cancer of the Uterus  
 Cancer Prevention, Diet and Health Guidelines, Easy-to-Read  
 Cancer, General Information  
 Candida and Breastfeeding  
 Candidiasis, Fungal Infections, Ringworm, Yeast Infections  
 Cane Use  
 Canker Sores  
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 Caput Succedaneum  
 Carbon Monoxide Poisoning  
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 Carbon Monoxide, Protecting Yourself Following an Emergency  
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Cardiac Arrhythmia  
 Cardiac CT Angiography  
 Cardiac Diet  
 Cardiac Event Monitoring  
 Cardiac Rehabilitation  
 Cardiac Risk Assessment  
 Cardiomyopathy, Heart Muscle Problems  
 Cardioverter Defibrillator Implantation  
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 Care of a Feeding Tube Site  
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 Carotid Angiography with Stenting  
 Carotid Angiography with Stenting, Care After Procedure  
 Carotid Stenosis & Carotid Endarterectomy  
 Carotid Stenosis and Carotid Endarterectomy, Care After Surgery  
 Carotid Ultrasound, Various Types  
 Carpal Tunnel Release  
 Carpal Tunnel Release (Repair), Care After Surgery  
 Carpal Tunnel Syndrome  
 Carpal Tunnel Syndrome Fact Sheet  
 Carpal Tunnel Syndrome-Brief  
 Cast Care-Brief  
 Cast or Splint Care at Home  
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 Cat Scratch  
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 Cataract  
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 Catheter Care, Brief  
 Catheter Replacement, Suprapubic  
 Cavernous Malformation  
 Celiac Disease  
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 Cellulitis  
 Cellulitis, Easy-to-Read  
 Central Cord Syndrome  
 Central Line Care  
 Central Line Placement, Dialysis Access, Instructions  
 Central Pain Syndrome  
 Cephalic Disorders  
 Cephalohematoma  
 Cerebral Arteriosclerosis  
 Cerebral Atrophy  
 Cerebral Hypoxia  
 Cerebral Palsy  
 Cerebrovascular Accident (Stroke)-Brief  
 Cerumen Impaction  
 Cerumen Plug (Wax in Ear Canal)  
 Cervical Adenitis  
 Cervical Biopsy  
 Cervical Cancer (Causes and Treatment)  
 Cervical Collar  
 Cervical Dysplasia  
 Cervical Fusion Procedure  
 Cervical Insufficiency  
 Cervical Radiculopathy  
 Cervical Sprain and Strain  
 Cervicitis  
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 Cesarean Delivery Discussion  
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 Chagas Disease  
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 Charcot-Marie-Tooth Disorder  
 Chemical Burn Care Instructions  
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 Chemical Terrorism, Ammonia  
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 Chiari Malformation  
 Chickenpox (Varicella)  
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 Child Abuse  
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 Child Safety Seat Use Chart  
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 Childhood Cancer, Questions Your Child May Ask  
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 Chlamydia, Easy-to-Read  
 Chlamydia, Females and Males  
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 Chlorine, Biochemical Terrorism  
 Choking - Swallowing Foreign Bodies  
 Choking Episode  
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 Cholecystectomy, Open (Removal of Gallbladder)  
 Cholecystogram (Gall Bladder X-ray)  
 Cholelithiasis  
 Cholelithiasis, Easy-to-Read  
 Cholera  
 Cholesterol  
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 Chondromalacia  
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Chronic Alcoholism  
 Chronic Asthmatic Bronchitis  
 Chronic Bronchitis and Emphysema Exacerbation  
 Chronic Fatigue Syndrome  
 Chronic Inflammatory Demyelinating Polyneuropathy (CIDP)  
 Chronic Obstructive Pulmonary Disease (COPD)  
 Chronic Obstructive Pulmonary Disease (COPD), Easy-to-Read  
 Chronic Pain  
 Chronic Pain Management  
 Chronic Renal Insufficiency  
 Cigar Smoking and Cancer  
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 Circumcision Care, Newborn  
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 Circumcision, Care After Adult, Easy-to-Read  
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 Clavicle Fracture  
 Clavicle Fracture, Easy-to-Read  
 Clavicle Fracture, Neonate, After Delivery  
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 Clear Liquid Diet-Brief  
 Clostridium Difficile Diarrhea, (CDD)  
 Clostridium Perfringens, Food Poisoning  
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 Coagulopathy  
 Cocaine Abuse and Chemical Dependency  
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 Coccidioidomycosis  
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 Cold Therapy  
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 Colds & Flu, What to do  
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 Collagen Implant, Care After Surgery  
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 Concussion and Brain Injury  
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 Constitutional Growth Delay  
 Contraceptive Devices (IUD's)  
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 Cough, Child  
 Cough, Easy-to-Read  
 Cough, Generic

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 Cyanide, Facts  
 CyberKnife Radiosurgery  
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 Cyst Removal  
 Cystectomy or Partial Cystectomy, Care After Surgery  
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 Cystocele Repair  
 Cystocele Repair, Care After Surgery  
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 Decubitus Ulcers-Brief  
 Deep Vein Thrombosis  
 DEET Insect Repellent Use for Mosquitoes, Flying Insects & Ticks  
 Degenerative Disc Disease  
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 Dehydration - Adult, Brief  
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 Delayed Wound Closure  
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 Dementia, About, Easy-to-Read  
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