



Patient Education Solutions

Title List Changes/Modifications October 2008

The number of ExitCare documents has increased by 69 new English titles and 34 new Spanish titles this Quarter. We will continue to add titles to all of our languages. Based on our extensive editorial review guidelines, our documents continue to be reviewed by physicians who are specialists in their fields, by Medical Risk Management experts, and by experts in technical writing to make our documents as medically complete and as easily understood as possible. The end result of this review process are documents listed below which reflect a variety of revisions that were undertaken. This process is ongoing and will continue throughout each quarterly release. If you would like more detail on the revisions listed below, please contact John Kroger at johnk@exitcare.com.

Look for new languages in the coming months including French-Canadian and Korean.

COMPLETE REWRITES

Birth Control Choices	Epilepsy
Complementary and Alternative Medical Therapies for Diabetes	Pleural Effusion, Fluid in the Lungs
Edema	Urosepsis, Bloodstream Infection from UTI

GRAPHICS ADDED TO

B.R.A.T. Diet, Adults	Ovarian Cyst	Ovarian Cyst
Interstitial Cystitis	Ovarian Cystectomy	Ovarian Cystectomy
Swan-Ganz Catheterization	Fine Needle Aspiration	Benign Prostatic Hypertrophy (Enlarged Prostate)
Alcohol Septal Ablation	Gangrene	Prostate Laser Surgery, Before & After Prostatectomy, Laparoscopic
Ace Wrap (Elastic Bandage)	Interstitial Cystitis	Prostatectomy, Laparoscopic, Care After Surgery
Ace Wraps and RICE	B.R.A.T. Diet	Prostatectomy, Radical
Elastic Bandage-Brief	Cystoscopy (Bladder Exam), Care After Procedure	Prostatitis
Intracerebral Aneurysm	Bladder Cancer	TURP, Transurethral Resection of the Prostate
Sickle Cell Anemia	Decubitus Ulcers	
Sickle Cell Crisis	Hydronephrosis	
Pleural Effusion, Fluid in the Lungs		

REVIEWED AND REVISED ENGLISH TITLES

Acute Pancreatitis	Breast Cancer, What You Should Know
Addison's Disease, Adrenal Insufficiency	Breast Problems and Self Exam
Anemia, Hemolytic	Breastfeeding & Inducing Lactation for Mothers Who Adopt
Arterial Hypertension, High Blood Pressure & Dangers	Breastfeeding After Breast Surgery
Ascites	BSO, Bilateral Salpingo-Oophorectomy
Atrial Fibrillation	Cancer of the Prostate
Back Pain in Pregnancy	Cancer, General Information
Benign Prostatic Hypertrophy	Catheter Care, Brief
Birth Defects, Prevention	Cesarean Delivery Discussion
Breast Cancer, General Information	

Clavicle Fracture
Clostridium Difficile Diarrhea (CDD)
CPR for Infants and Children
CyberKnife Radiosurgery
Decubitus Ulcers (Bedsore, Pressure Sores)
Deep Vein Thrombosis
Diet - High Protein, High Calorie
Diverticulitis
Dysphagia Diet Level 1
Dysphagia Diet Level 2
Dysphagia Diet Level 3
Fetal Death Syndrome
Fibromyalgia
Flashburn of the Cornea
Gallbladder, Laparoscopic Surgery
Hernia, Repair with Laparoscope
Hypersplenism
Laparoscopic Removal of Gallbladder, Care After Surgery
Lice, Head and Pubic (Pediculosis)
Motion Sickness
Muscle Strain (Pulled Muscle)
Nausea and Vomiting, Information
Needle Stick or Possible Disease Exposure
Neutropenic Diet
Pancreatitis, Acute
Pelvic Inflammatory Disease (PID)
Peritonsillar Abscess
Pleurisy
Pregnancy - Episiotomy Care

MINIMAL REVISIONS

Acromioclavicular Separation with Rehab-SportsMed
Acute Respiratory Distress Syndrome
ALTE
Anal Fissure
Anemia
Animal Bites
Atherectomy
Bronchiolitis
Concussion and Brain Injury, Child
Crohn's Disease
Diverticulitis
Fibular Fracture (Adult, Ankle), Treated with or without Immobilization
Form – Rejection of Medical Treatment (AMA)
Implanted Port Instructions, Care After Placement
Incentive Spirometer

NEW ENGLISH TITLES (69 Documents)

Abdominal Pain, Women

Pregnancy - Rh Problems
Prostate Laser Surgery, Instructions Following
Prostate Laser Surgery, Instructions Following
Prostate Problems
Prostate Rectal Sonogram
Prostatectomy, Laparoscopic
Prostatectomy, Laparoscopic, Care After Surgery
Prostatectomy, Radical
Prostate-Specific Antigen (PSA)
Prostatitis
Rejection of Recommended Treatment
Sentinel Lymph Node Analysis in Breast Cancer Treatment
Shingles (Herpes Zoster)
Shoulder Separation
Shoulder Separation (Acromio Clavicular Separation)
Supraventricular Tachycardia (SVT)
Syncope (Fainting Episode)
Thrombocytopenia
Thrombophlebitis, Superficial
TURP, Transurethral Resection of the Prostate
TURP, Transurethral Resection of the Prostate, Care After Surgery
Ulcer Disease (Peptic Ulcer, Gastric Ulcer, Duodenal Ulcer)
Ulcerative Colitis
Varicose Veins
Viral Gastroenteritis
Wrist Fracture
Wrist Pain (Strain-Sprain)

Labor Induction
Metered Dose Inhaler with Spacer
Opiate Dependence
Osteoporosis
Patent Foramen Ovale
Postpartum Tubal Ligation (PPTL)
Pregnancy and Medications
Pulmonary Hypertension
Puncture Wound
Skull Fracture, Uncomplicated, Adult
Sunburn, Care of
TB (Tuberculosis) Tine Test
Tennis Elbow
Tonsillectomy, Aftercare, Adult
Upper Respiratory Infections In Children-Brief
Whiplash

Laparoscopic Hysterectomy

Aggression
Alcohol Septal Ablation
Allergic Reaction, Mild to Moderate
Anger Management Knee Pain, General
Aplastic Anemia
Birth Control - Barrier Methods
Birth Defects, Prevention
Botulism, Facts
Brain Death
Bronchiectasis
Bullous Pemphigoid
Cancer, Biological Therapies, Q & A's
Carbon Monoxide, Protecting Yourself Following an
Emergency
Cervical Sprain and Strain
Chemotherapy
Chronic Bronchitis and Emphysema Exacerbation
Complementary and Alternative Medical Therapies for
Diabetes
Confronting Teens Involved in Dating Violence
CPR, Adult
Cryptosporidiosis
Degenerative Disc Disease
Deviated Septum
Fatigue
Fibular Fracture, Child
Generic Medications
Gynecomastia, Pediatric

NEW SPANISH TITLES (34 Documents)

ABC's Of Pregnancy
AIDS Serology
Alcohol Withdrawal, Delirium Tremens
Arthritis - Gout, Brief
Blood Gases, Arterial Blood Gases (ABG's)
Chronic Bronchitis and Emphysema Exacerbation
Dehydration, Infants and Children
Diverticulosis-Brief
Drug Reaction, Allergic Reaction to Medication
Fever, Child
Form - Blood Pressure Record Sheet
Form - Daily Weight Record
Form - Excuse from Work School Phys Activity
Form - OB Home Care
Form - Tardy to Work or School
Form - Universal Medication
Heat Therapy-Brief

Laryngomalacia
Lithium Toxicity
Lymphedema
Malignant Hyperthermia
Metered Dose Inhaler (No Spacer Used)
Myomectomy
Needle Biopsy of Lung, Aftercare
Neonatal Death Syndrome
Neutropenic Diet
NICU Chest Tube
Opiate Dependence
Ovarian Cystectomy
Peak Flow Meter
Pediatric Vaginitis for Teens
Platelet Transfusion
Porphyria
Postpartum Care After Vaginal Delivery
Pregnancy, Risks of Alcohol Use
Prostate Problems
Pulmonary Hypertension
Rectal Trauma or Injury
Sexual Assault, Teens
Sodium and Fluid Restriction
Stinging Nettle Rash
Stomatitis
Teen Dating Violence
Thyroid Biopsy
Thyroid Diseases

Lipid Blood Tests
Loss of Vision
Nuclear Dobutamine Stress Test
Pain, Neuropathic, Brief
Postpartum Care After Vaginal Delivery
Pregnancy, Risks of Alcohol Use
Provisional Diagnosis
Sacrum and Coccyx Injuries
Stirrup Ankle Brace
Stress Echocardiogram (Stress Echo)
Subconjunctival Hemorrhage-Brief
TB (Tuberculosis) Tine Test
Tetanus Prevention (For Unimmunized Patients)
Uremia, Kidney Failure-Brief
Ventricular Septal Defect, Brief Version
Viral Exanthems, Child, Brief
X-rays, What They