



*Patient Information System*

## **Title List Changes/Modifications Qtr. 2 2010**

The number of ExitCare documents has increased by 30 new English titles (including 3 new Easy-to-Read titles), 18 new Spanish titles, 15 new Tagalog titles, 12 Canadian French titles, 19 new Bosnian titles, 21 new Korean titles, 21 new Haitian Creole titles and 45 new Portuguese titles this Quarter. We will continue to add titles to all of our languages. Based on our extensive editorial review guidelines, our documents continue to be reviewed by physicians who are specialists in their fields, by Medical Risk Management experts, and by experts in technical writing to make our documents as medically complete and as easily understood as possible. The end result of this review process are documents listed below which reflect a variety of revisions that were undertaken. This process is ongoing and will continue throughout each quarterly release. If you would like more detail on the 256 revisions listed below, please contact John Kroger at [johnk@exitcare.com](mailto:johnk@exitcare.com).

### **NEW ENGLISH TITLES (30 Documents)**

Abdominal Aortic Aneurysm (AAA) Endograft Repair	Heartburn
Aortogram	Hepatitis B, FAQ's, Easy-to-Read
Atrial Flutter	Hernia, Inguinal, Adult
Balanitis	Lexiscan
Bleeding Varicose Veins	Liver Cancer
Bleeding Varicose Veins, Surgical Repair	Metatarsus Adductus (Pigeon Toes)
Bowlegs	Osteogenic Sarcoma
Breast Augmentation	Radiofrequency Ablation of Liver Tumors
Cancer, Radiation Treatment	Radioiodine (I-131) Therapy for Hyperthyroidism
Cardiac Ablation	Salpingectomy
Chronic Lymphocytic Leukemia	Shoulder Sprain
De Quervain's Tenosynovitis, Surgical Release	Vaccine, Human Papillomavirus (HPV) Cervarix - CDC
De Quervain's Tenosynovitis, Surgical Release, Care After Surgery	Viral Hepatitis, Easy-to-Read
Family Violence, Easy-to-Read	Waldenström Macroglobulinemia
Form – Medical Authorization and Consent to Treat a Child	Well Child Care - 2 Week Old

### **NEW SPANISH TITLES (18 Documents)**

Arixtra Injections	Pacemaker Implantation, Care After Surgery
Cardiac Risk Assessment	Peripheral Arterial Disease of the Legs, Care After Surgery
Carotid Stenosis and Carotid Endarterectomy, Care After Surgery	Postmenopausal Bleeding, Easy-to-Read
Colectomy, Care After Surgery	Renal Diet, Pre-Dialysis
Diet – 3 Gram Sodium, No Added Salt	TURP, Transurethral Resection of the Prostate, Care After Surgery
Drug or Toxin Ingestion (Child)	Vaccine, Human Papillomavirus (HPV) Cervarix - CDC
Endoscopic Retrograde Cholangiopancreatography	
Gastroenteritis, Easy-to-Read	

Intracerebral Aneurys  
Laminectomy - Laminotomy - Discectomy, Care  
After Surgery

Vaccine, Human Papillomavirus (HPV) Gardasil -  
CDC  
Well Child Care - 15 Months Old

#### **NEW PORTUGUESE TITLES (45 Documents)**

Angiography, Care After Procedure  
Antibiotics, How we Use Them  
Anticoagulation, Generic  
Appendectomy, Laparoscopic  
Appendectomy, Laparoscopic, Care After Surgery  
Appendicitis  
Arixtra Injections  
Carotid Stenosis & Carotid Endarterectomy  
Carotid Stenosis and Carotid Endarterectomy, Care  
After Surgery  
Chest Pain (Non-Specific), Brief  
Cholecystectomy, Adult, Care After Surgery  
Clostridium Difficile Diarrhea, (CDD)  
Colectomy, Care After Surgery  
Colitis  
Confusion  
Coronary Angiography  
Coumadin Coagulopathy  
Coumadin, Q & A's  
Deep Vein Thrombosis  
Dehydration  
Dehydration - Adult, Brief  
Diabetes, Taking Care of Yourself  
Diarrhea, Home Care Instructions  
Diet - Full Liquid

Diet - Low-Fat, Low-Saturated-Fat, Low-Cholesterol  
Diets  
Dizziness  
Electrical Cardioversion  
Endoscopic Retrograde Cholangiopancreatography  
Gastroenteritis, Easy-to-Read  
Gastroenteritis-Brief  
Heart Failure-Brief  
Heparin Q & A  
Hernia, Surgical Repair, Care After Surgery  
Home Safety and Preventing Falls  
Laminectomy - Laminotomy - Discectomy, Care After  
Surgery  
Laparoscopic Removal of Gallbladder with Possible  
Common Duct Exploration  
LOVENOX, Enoxaparin Sodium, Home Use  
Pacemaker Implantation, Care After Surgery  
Peripheral Arterial Disease of the Legs, Care After  
Surgery  
Peripheral Vascular Disease  
Pneumonia, Pediatric  
Post Surgical Instructions, General, Adult  
Smoking Cessation, Ten Tips For Success  
Transesophageal Echocardiograms  
TURP, Transurethral Resection of the Prostate, Care  
After Surgery

#### **NEW CANADIAN FRENCH TITLES (12 Documents)**

Abrasions  
Anticoagulation, Generic  
Appendectomy, Laparoscopic, Care After Surgery  
Appendicitis  
Arixtra Injections  
Arthritis, Rheumatoid

Breast Biopsy Procedure  
Bronchoscopy  
Cataract  
Cataract, Care After Surgery  
Coumadin Coagulopathy  
Heparin Q & A

#### **NEW BOSNIAN TITLES (19 Documents)**

Abrasions  
Anaphylactic Reaction  
Anticoagulation, Generic  
Appendectomy, Laparoscopic, Care After Surgery  
Arixtra Injections  
Arthritis, Rheumatoid  
Asthma, Adult  
Back Pain  
Breast Biopsy Procedure  
Bruise (Contusion, Hematoma)

Cast or Splint Care at Home  
Coumadin Coagulopathy  
Crutches, Use of  
Depression, Adolescent and Adult  
Diabetes, Type 1  
Diabetes, Type 2  
Dizziness  
Dyspnea-Brief  
Heparin Q & A

**NEW KOREAN TITLES (21 Documents)**

Abdominal Pain  
 Abrasions  
 Anaphylactic Reaction  
 Anticoagulation, Generic  
 Anxiety and Panic Attacks  
 Appendectomy, Laparoscopic, Care After Surgery  
 Appendicitis  
 Arixtra Injections  
 Arthritis, Rheumatoid  
 Back Pain  
 Breast Biopsy Procedure

Bronchitis  
 Bronchoscopy  
 Bruise (Contusion, Hematoma)  
 Cast or Splint Care at Home  
 Cataract  
 Cataract, Care After Surgery  
 Coumadin Coagulopathy  
 Coumadin, Q & A's  
 Heparin Q & A  
 LOVENOX, Enoxaparin Sodium, Home Use

**NEW TAGALOG TITLES (15 Documents)**

Alcohol Withdrawal, Delirium Tremens  
 Anaphylactic Reaction  
 Appendectomy, Laparoscopic, Care After Surgery  
 Arthritis, Rheumatoid  
 Asthma, Adult  
 Asthma, Childhood  
 Atrial Fibrillation

Breast Biopsy Procedure  
 Bronchoscopy  
 Cataract  
 Cataract, Care After Surgery  
 Colonoscopy  
 Constipation in Adults  
 Coronary Artery Disease Treatment With Stent  
 Depression, Adolescent and Adult

**NEW HAITIAN CREOLE TITLES (21 Documents)**

Abdominal Pain  
 Abrasions  
 Alcohol Withdrawal, Delirium Tremens  
 Anaphylactic Reaction  
 Angina  
 Anticoagulation, Generic  
 Appendectomy, Laparoscopic, Care After Surgery  
 Appendicitis  
 Arixtra Injections  
 Arthritis, Rheumatoid  
 Atrial Fibrillation

Breast Biopsy Procedure  
 Bronchoscopy  
 Cataract  
 Cataract, Care After Surgery  
 Chronic Obstructive Pulmonary Disease (COPD)  
 Colonoscopy  
 Coumadin Coagulopathy  
 Coumadin, Q & A's  
 Heparin Q & A  
 LOVENOX, Enoxaparin Sodium, Home Use

**NEW RUSSIAN TITLES (37 Documents)**

Angiography, Care After Procedure  
 Antibiotics, How we Use Them  
 Anticoagulation, Generic  
 Appendectomy, Laparoscopic  
 Appendectomy, Laparoscopic, Care After Surgery  
 Arixtra Injections  
 Carotid Stenosis and Carotid Endarterectomy, Care After Surgery  
 Chest Pain (Non-Specific), Brief  
 Cholecystectomy, Adult, Care After Surgery  
 Clostridium Difficile Diarrhea, (CDD)  
 Colectomy, Care After Surgery  
 Colitis  
 Confusion  
 Coronary Angiography

Coumadin Coagulopathy  
 Coumadin, Q & A's  
 Dehydration  
 Dehydration - Adult, Brief  
 Diabetes, Taking Care of Yourself  
 Electrical Cardioversion  
 Endoscopic Retrograde Cholangiopancreatography  
 Gastroenteritis, Easy-to-Read  
 Gastroenteritis-Brief  
 Heart Failure-Brief  
 Heparin Q & A  
 Hernia, Surgical Repair, Care After Surgery  
 Home Safety and Preventing Falls  
 Laminectomy - Laminotomy - Discectomy, Care After Surgery

Laparoscopic Removal of Gallbladder with Possible  
Common Duct Exploration  
LOVENOX, Enoxaparin Sodium, Home Use  
Pacemaker Implantation, Care After Surgery  
Peripheral Arterial Disease of the Legs, Care After  
Surgery

Peripheral Vascular Disease  
Pneumonia, Pediatric  
Smoking Cessation, Ten Tips For Success  
Transesophageal Echocardiograms  
TURP, Transurethral Resection of the Prostate, Care  
After Surgery

### **REVIEWED AND REVISED ENGLISH TITLES (256 Documents)**

Abdominal Pain, Easy-to-Read  
Abuse and Neglect, Signs and Symptoms  
Adhesions, Easy-to-Read  
Alcohol Withdrawal, Easy-to-Read  
Amyloid Beta 42 Peptide  
Anaphylactic Reaction  
Angioma-Cherry (Cherry Angioma)  
Antibiotics, How we Use Them, Easy-to-Read  
Anxiety and Panic Attacks  
Aortogram  
Arteriogram, Easy-to-Read  
Atrial Fibrillation, Easy-to-Read  
B.R.A.T. Diet, Children, Easy-to-Read  
Barotitis Media-SportsMed  
Blastocystis Hominis Infection  
Blood Transfusion Information  
Blood Transfusion, Easy-to-Read  
Bowel Movement Sample Cards, Easy-to-Read  
Boxer's Fracture  
Breast Cyst  
Breast Problems and Self Exam  
Breast Self-Examination-Brief  
Bronchoscopy  
Bug Bites  
Campylobacter Infections  
Cardiac Event Monitoring  
Carotid Stenosis & Carotid Endarterectomy  
Carotid Stenosis and Carotid Endarterectomy, Care  
After Surgery  
Cast or Splint Care at Home  
Cellulitis, Easy-to-Read  
Cervical Insufficiency  
Cesarean Delivery Discussion  
Chronic Alcoholism  
Circumcision Care, Newborn  
Clostridium Difficile Diarrhea, (CDD)  
Colic  
Constipation, Easy-to-Read  
CPR for Infants and Children  
CPR, Infants (Less than One Year of Age)

Cryptococcosis  
Cystectomy, Partial Cystectomy  
Dacryocystitis (Lacrimal Sac Infection)  
Dehydration - Adult, Brief  
Dehydration, Infants and Children, Easy-to-Read  
Diabetes, Management of a Brief Illness  
Diabetes, Taking Care of Yourself  
Diabetes, Type 1  
Diabetes, Type 1, Easy-to-Read  
Diabetes, Type 2  
Diabetes, Type 2, Easy-to-Read  
Diarrhea, Easy-to-Read  
Diet - Clear Liquid, Easy-to-Read  
Diet - Foods Rich in Potassium  
Diet - Foods Rich in Potassium, Easy-to-Read  
Diet - Gluten-Free  
Diet - Low-Fiber and Residue Restricted  
Diet - Low-Fiber and Residue Restricted (without  
Fiber and Residue Restricted Diet Chart)  
Diet - Seasoning without Salt  
Diet for GERD or PUD  
Diet for GERD, Child  
Disk Rupture - Prolapsed  
Diverticulitis, Easy-to-Read  
Document Name  
Domestic Abuse  
Drug or Toxin Ingestion (Child)  
Dysmenorrhea  
Dysmenorrhea, Easy-to-Read  
Dysmenorrhea-Brief  
Ear - Serous Otitis Media, Fluid in the Middle Ear  
Elbow Subluxation-Brief  
Electrolytes  
Encopresis  
Epidural Blood Patching (EBP) in Spinal Headache  
Epidural Steroid Injection  
Esophagitis (Heartburn)-Brief  
External Cephalic Version  
Eye - Central Retinal Vein Occlusion  
Eye - Melanoma

Eye - Scleritis and Episcleritis  
 Facet Block  
 Fecal Impaction  
 Fetal Monitoring  
 Fetal Monitoring, Biophysical Profile  
 Fetal Monitoring, Contraction Stress Testing  
 Fetal Monitoring, Fetal Movement Assessment  
 Fetal Monitoring, Modified Biophysical Profile  
 Fetal Monitoring, Non Stress Test  
 Fetal Monitoring, Umbilical Artery Velocimetry  
 Fever, Child (with Dosage Charts), Easy-to-Read  
 Form - Fetal Movement Counts  
 Form - Provisional Diagnosis  
 Fractured Extremity  
 Fractured Patella-Brief  
 Fractured Pelvis  
 Fractured Shoulder  
 Gallbladder Surgery (Cholecystectomy), Care After, Easy-to-Read  
 Gamekeeper's, Skier's Thumb, Surgical Repair, Care After Surgery  
 Gas, Easy-to-Read  
 Gastroenteritis, Easy-to-Read  
 Gastrointestinal Bleeding, Easy-to-Read  
 Gastroschisis  
 Gastrostomy Tube, Child  
 Gout, Easy-to-Read  
 HA-MRSA (Hospital Associated-MRSA)  
 Headache, Spinal  
 Heart Failure, Easy-to-Read  
 Hepatitis  
 Hepatitis B, FAQ's, Easy-to-Read  
 Hernia Repair, Easy-to-Read  
 Hernia, Inguinal, Adult, Care After Surgery  
 Hernia, Inguinal, Child, Care After Surgery  
 Hip Injury  
 Hip Pointer, Iliac Crest Contusion  
 Hirsutism & Masculinization  
 Holter Monitoring  
 Humerus (Upper Arm) Fracture, Treated with Open Reduction (Surgery), Care After Surgery  
 Hypertriglyceridemia, Triglycerides, High Blood Levels  
 Hysterectomy, Care After Surgery  
 Ileus  
 Incision and Drainage (I & D)  
 Incision and Drainage of Abscess  
 Infected Circumcision, Newborn  
 Insect Bite or Sting, Infected  
 Intestinal Obstruction, Care After Surgery  
 Intracerebral Aneurysm  
 Intravenous Pyelogram, Easy-to-Read  
 Irritable Bowel (Spastic Colon)  
 Irritant Dermatitis  
 Jaw Dislocation (Mandibular Dislocation)  
 Knee - Arthroscopic Procedure, Care After Surgery  
 Knee - Ligament Injury, Arthroscopy  
 Knee - Meniscus Injury, Arthroscopy  
 Knee - Meniscus Injury, Arthroscopy, Care After Surgery  
 Knee - Patella Problems  
 Knee Dislocation  
 Knee Effusion  
 Knee Problems, Q & A's  
 Knee Replacement  
 Knee Wraps (ACE Bandage) and RICE  
 Knee, Cartilage In, What is it For  
 Laminectomy - Laminotomy - Discectomy  
 Laparoscopic Bowel Resection, Care After Surgery  
 Laparoscopic Colon Resection, Care After Surgery  
 Laparoscopic Splenectomy, Care After  
 Limp  
 Lumbar Laminectomy & Anterior Cervical Fusion  
 Lumbar or Cervical Fusion  
 Lumbar or Cervical Fusion, Care After Surgery  
 Lumbosacral Radiculopathy  
 Macular Degeneration, Age-Related  
 Mastitis (Breast Infection)  
 Mediastinoscopy  
 Mediastinoscopy, Care After Surgery  
 Menorrhagia (Heavy Periods), Easy-to-Read  
 Menstruation  
 Mittelschmerz (Pain in the Middle of Menstrual Cycle)  
 Morton's Neuroma (Interdigital Nerve Pain)  
 Motor Vehicle Collision (MVC), Easy-to-Read  
 MRSA Infection, Infant, Easy-to-Read  
 Muscle Biopsy  
 Muscle Biopsy, Care After Surgery  
 Musculo-skeletal Pain  
 Myocarditis, Adult  
 Myocarditis, Child  
 Myomectomy  
 Nausea & Vomiting, Easy-to-Read  
 Near-Syncope, Easy-to-Read  
 Nephrectomy, (Removal of a Kidney), Care After Surgery  
 Nephrostomy Tube, Procedure  
 Neurofibromatosis  
 Newborn Booklet  
 Ostomy Support Information  
 Otalgia, Ear Pain  
 Otomycosis-Brief  
 Ovarian Cystectomy

Overtraining Syndrome  
 Pain Medications, Generic Instructions For, Easy-to-Read  
 Paresthesia, Easy-to-Read  
 Pediatric Rehydration  
 Penile Prosthesis  
 Peripheral Arterial Disease of the Legs, Care After Surgery  
 Peri-Rectal Abscess (Abscess Around the Rectum)  
 Placental Abruptio  
 Plantar Fasciitis  
 Podiatric Shoe  
 Poisoning in Children, Easy-to-Read  
 Postpartum Tubal Ligation (PPTL)  
 Pregnancy - Bleeding Ectopic  
 Pregnancy - Episiotomy Care  
 Pregnancy - Heartburn During  
 Pre-Surgical & Post-Surgical Guidelines for Patients  
 Prostate Cancer  
 Puncture Wound  
 Radicular Pain  
 Reading Food Labels  
 Rectal Trauma or Injury  
 Recurrent Abdominal Pain Syndrome In Children  
 Retrograde Menstruation  
 Rotavirus, Infants & Children  
 Round Ligament Pain  
 Scabies, Treatment of  
 Sciatica, Easy-to-Read  
 Severe Acute Respiratory Syndrome (SARS)  
 Sexual and Urologic Problems of Diabetes  
 Shigella Infection  
 Shoulder, Arthroscopy  
 Spinal Injection, After, Easy-to-Read  
 Stool Examination  
 Straddle Injuries  
 Strep Throat, Adult  
 Strep Throat, Adult, Easy-to-Read  
 Strep Throat, Child, Easy-to-Read  
 Streptococcal (Pneumococcal) Pneumonia  
 Subchorionic Hematoma  
 Subungual Hematoma  
 Supracervical Hysterectomy  
 Supraventricular Tachycardia (SVT)  
 Supraventricular Tachycardia (SVT), Brief  
 Susceptibility Testing, Sensitivity Testing, Drug Resistance Testing  
 Sutured Wound Care, Easy-to-Read  
 Tarsal Navicular Fracture, Foot (Simple)  
 Tarsal Navicular Fractures  
 Thoracoscopy, Care After Surgery  
 Threatened Miscarriage, Easy-to-Read  
 Tibial & Fibular Fracture (Adult)  
 Tibial Fracture (Adult)  
 Toe Injuries and Amputations  
 Tonsillectomy, Aftercare, Adult  
 Tonsillectomy, Aftercare, Child  
 Tonsillectomy, Information Before & After  
 Torn Meniscus  
 Tubal Ligation, Care After Surgery  
 Urodynamic Study, Easy-to-Read  
 Vaccine, Chickenpox (Varicella) - CDC  
 Vaccine, Haemophilus Influenzae Type b (Hib) - CDC  
 Vaccine, Hepatitis B - CDC  
 Vaccine, Human Papillomavirus (HPV) Gardasil - CDC  
 Vaccine, Inactivated Influenza - CDC  
 Vaccine, Pneumococcal Conjugate - CDC  
 Vaccine, Pneumococcal Polysaccharide - CDC  
 Vaccine, Rabies - CDC  
 Vaccine, Rotavirus - CDC  
 Vaccine, Shingles - CDC  
 Vaginal Bleeding During Pregnancy, First Trimester  
 Vaginal Bleeding During Pregnancy, Second Trimester  
 Vaginal Bleeding During Pregnancy, Third Trimester  
 Vaginal Laceration  
 Vasectomy  
 Vertigo (Dizziness) Easy-to-Read  
 Viral Infections, Easy-To-Read  
 Weight Problems in Children  
 Well Child Care - 3 to 5 Days Old  
 Well Child Care - Newborn  
 When to Call the Doctor about Your Baby, Easy-to-Read  
 Wrist, Arthroscopy  
 Zygoma Fracture (Cheekbone Fracture)

## CHANGED TITLES

AA Blank DI - **TO** – Form – AA Blank DI  
 A-V Fistula, Following General Anesthetic - **TO** – A-V Fistula, Care After Procedure  
 Back, Fusion-Procedure - **TO** – Lumbar or Cervical Fusion  
 Back, Fusion-Procedure, Care After Surgery - **TO** – Lumbar or Cervical Fusion, Care After Surgery  
 Diet - Bland - **TO** – Diet for GERD or PUD  
 Diet – Bland for Children - **TO** – Diet for GERD, Child

Diabetic Nephropathy (Microalbuminuria) – **TO** – Microalbuminuria (Protein in the Urine)  
Dust Mites and Allergies - **TO** – Indoor Allergies  
Epworth Sleepiness Scale - **TO** – Form – Epworth Sleepiness Scale  
Headache - Conservative Treatment of PDPH (Post Dural Puncture Headache) - **TO** – Headache, Spinal  
Implanted Port Instructions, Care After Placement – **TO** – Implanted Port Instructions  
Malaria, Plasmodium Malariae – **TO** – Malaria  
Paralytic Ileus, Adynamic Ileus – **TO** – Ileus  
Pyelonephritis (Urinary Tract Infection Involving the Kidney) – **TO** – Pyelonephritis (Kidney Infection)  
Repetitive Strain Injuries & Repetitive Trauma Disorders – **TO** – Repetitive Strain Injuries & Trauma Disorders  
RICE - Routine Care for Bumps, Bruises, Sprains and Strains – **TO** – RICE – Routine Care for Injuries  
RICE - Routine Care for Bumps, Bruises, Sprains and Strains, Easy-to-Read – **TO** – RICE – Routine Care for  
Injuries, Easy-to-Read  
Rotavirus, Viral Gastroenteritis – **TO** – Rotavirus Infection  
Rotavirus, Viral Gastroenteritis, Infants & Children – **TO** – Rotavirus Infection, Infants & Children  
Seasonal (Allergic) Rhinitis – **TO** – Allergic Rhinitis  
Shigella Gastroenteritis (Vomiting and/or Diarrhea) – **TO** – Shigella Infection  
Vacuum Assisted Therapy – **TO** – Vacuum Assisted Closure Therapy

### **DEACTIVATED TITLES**

Cancer, Biological Therapies, Q & A's  
Cane Instructions  
Lassa Fever  
Nuclear Blast, FAQ's  
Orthostatic Hypotension (Low Blood Pressure on Arising)  
Pneumonia, Simplified  
RICE, with Fields